

2019 Suicide Survivor “Drop-In” Support Group

Our monthly “Drop-In” Suicide Survivor Support Group is intended to provide information and support focused on the complex grief associated with a traumatic loss such as suicide.

Details:

The “Drop-In” group will be held the **1st Thursday** of the month from **(7pm—8:30pm)**

There must be 4 attendees to offer each session, and participants must be 18 years or older, no pre-registration or minimum loss period required.

Dates for 2019: 1st Thursday of Each Month

Jan. 3

Feb. 7

March 7

April 4

May 2

June 6

July 4

August 1

Sept. 5

Oct. 3

Nov. 7

Dec. 5

For more information

Contact : 905-430-3511



24 Hour Helplines:
1-800-452-0688
905-430-2522

